## THE ULTIMATE LIST OF 400 PERSONAL VALUES

**ABILITY ABUNDANCE ACCEPTANCE ACCOMPLISHMENT ACHIEVEMENT ACKNOWLEDGMENT ADAPTABILITY ADEQUACY ADROITNESS** ADVENTURE **AFFECTION AFFLUENCE ALERTNESS ALIVENESS AMBITION AMUSEMENT ANTICIPATION APPRECIATION APPROACHABILITY ARTFULNESS ARTICULACY ASSERTIVENESS** ASSURANCE **ATTENTIVENESS ATTRACTIVENESS** AUDACITY **AVAILABILITY** AWARENESS AWE BALANCE BEAUTY **BEING-NESS BELONGINGNESS BENEVOLENCE BLISSFULNESS** BOLDNESS **BRAVERY** BRILLIANCE **BRISKNESS** BUOYANCY CALMNESS CAMARADERIE CANDOR **CAPABILITY** CARE **CAREFULNESS** CERTAINTY CHALLENGE CHARITY CHARM

CHASTITY **CHEERFULNESS** CLARITY CLASSY **CLEANLINESS CLEVERNESS CLOSENESS** COGNIZANCE COMFORT COMMITMENT COMPASSION COMPETENCE COMPLACENCY COMPLETION COMPOSURE CONCENTRATION CONFIDENCE CONFORMITY CONGRUENCY CONNECTION CONSCIOUSNESS CONSISTENCY CONTENTMENT CONTINUITY CONTRIBUTION CONTROL CONVICTION CONVIVIALITY COOLNESS COOPERATION COPIOUSNESS CORDIALITY CORRECTNESS COURAGE COURTESY **CRAFTINESS** CREATIVITY **CREDIBILITY** CUNNING **CURIOSITY** DARING **DECISIVENESS DECORUM DEEPNESS DEFERENCE** DELICACY **DELIGHT DEPENDABILITY DEPTH** 

DESIRE

DETERMINATION **DEVOTION DEVOUTNESS DEXTERITY** DIGNITY **DILIGENCE** DIPLOMACY DIRECTION **DIRECTNESS** DISCERNMENT DISCRETION DISCIPLINE **DISCOVERY** DISCRETION **DIVERSITY** DREAMING DRIVE DUTY DYNAMISM **EAGERNESS ECONOMY ECSTASY EDUCATION EFFECTIVENESS EFFICIENCY ELATION** ELEGANCE **EMPATHY ENCOURAGEMENT ENDURANCE ENERGY ENJOYMENT ENLIGHTENMENT ENTERTAINMENT ENTHUSIASM EXACTNESS EXCELLENCE EXCITEMENT EXHILARATION EXPECTANCY EXPEDIENCY EXPERIENCE EXPERTISE EXPLORATION EXPRESSIVENESS** EXTRAVAGANCE **EXTROVERSION EXUBERANCE EVOLUTION** FACILITATING

**FAIRNESS** FAITH FAME **FASCINATION** FASHION **FEARLESSNESS FIDELITY FINENESS** FINESSE FIRMNESS **FITNESS FLEXIBILITY FLOW FLUENCY FLUIDITY** FOCUS **FORTITUDE** FRANKNESS **FREEDOM FRIENDLINESS** FRUGALITY FUN **GALLANTRY GENEROSITY GENTILITY GENUINENESS** GIVING GRACE **GRATEFULNESS** GRATITUDE GREGARIOUSNESS GROWTH **GUIDANCE HAPPINESS** HARMONY **HEALTH HEART HELPFULNESS HEROISM** HOLINESS **HONESTY** HONOR **HOPEFULNESS** HOSPITALITY **HUMILITY** HUMOR HYGIENE IMAGINATION IMPACT **IMPARTIALITY** 

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**IMPECCABILITY** INDEPENDENCE **INDUSTRY** INGENUITY **INQUISITIVENESS** INSIGHTFULNESS **INSPIRATION** INSTINCTIVENESS INTEGRITY INTELLIGENCE INTENSITY INTIMACY **INTREPIDNESS** INTROVERSION INTUITION **INTUITIVENESS** INVENTIVENESS JOY **JUDICIOUSNESS JUSTICE KEENNESS** KINDNESS KNOWLEDGEABLEN **ESS** LAVISHNESS **LEADERSHIP** LEARNING LIBERATION LIBERTY LIVELINESS LOGIC LONGEVITY LOVE LOYALTY **MAJESTY MASTERY MATURITY MEEKNESS MELLOWNESS METICULOUSNESS MINDFULNESS** MODERATION MODESTY MOTIVATION **MYSTERIOUSNESS NEATNESS** NERVE **OBEDIENCE OPEN-MINDEDNESS OPENNESS** 

**OPTIMISM OPULENCE** ORDER ORGANIZATION ORIGINALITY **OUTLANDISHNESS OUTRAGEOUSNESS** PASSION **PEACEFULNESS PERCEPTIVENESS** PERFECTION **PERSEVERANCE** PERSISTENCE **PERSUASIVENESS** PHILANTHROPY PIETY **PLAYFULNESS PLEASANTNESS PLEASURE PLENTIFUL-NESS** POISE **POLISH POPULARITY POTENCY PRACTICALITY PRAGMATISM PRECISION** PREEMINENCE **PREPAREDNESS PRESENCE PRIVACY** PROACTIVITY **PROFICIENCY PROFESSIONALISM PROSPERITY** PRUDENCE **PUNCTUALITY PURITY OUALIFICATION** QUIETNESS QUICKNESS REALISM READINESS REASON RECOGNITION RECREATION REFINEMENT REFLECTION RELAXATION RELIABILITY

RESILIENCE RESOLUTION RESOLVE RESOURCEFULNESS RESPECT RESTFULNESS RESTRAINT REVERENCE RICHNESS RIGOR **SACREDNESS** SACRIFICE SAGACITY SAINTLINESS SANGUINITY SATISFACTION **SECURITY SELF-CONTROL SELFLESSNESS SELF-REALIZATION SELF-RELIANCE** SENSITIVITY SENSUALITY **SERENITY** SERVICE SEXUALITY SHARING SHREWDNESS SIGNIFICANCE SILENCE SILLINESS SIMPLICITY SINCERITY **SKILLFULNESS SMARTNESS** SOPHISTICATION SOLIDARITY SOLIDITY SOLITUDE SOUNDNESS SPEED SPIRIT SPIRITUALITY SPONTANEITY STABILITY STILLNESS STRENGTH STRUCTURE SUBSTANTIALITY SUCCESS

SUFFICIENCY SUPPORT SUPREMACY SURPRISE **SUPERBNESS** SUPREMACY SYMPATHY SYNERGY **TACTFULNESS TEAMWORK TEMPERANCE THANKFULNESS THOROUGHNESS THOUGHTFULNESS** THRIFT **TIDINESS TIMELINESS TRADITIONALISM** TRANQUILITY TRANSCENDENCE TRUST **TRUSTWORTHINESS** TRUTH UNDERSTANDING UNIQUENESS UNITY **USEFULNESS** UTILITY VALOR VARIETY VICTORY VIGOR VIRTUE VISION VITALITY VIVACITY WARMTH WATCHFULNESS WEALTH WHOLESOMENESS WILLFULNESS WILLINGNESS WINNING WISDOM WITTINESS WONDER WORTHINESS ZEAL ZEST ZING